



# SRINAGAR WOMEN'S COLLEGE SRINAGAR, BATPORA, ZAKURA

## Internal Quality Assurance Cell (IQAC)

In collaboration with the Department of sociology is organizing a

**"Two Day Field Study based Training Workshop on Tribal Community Studies"**

from 13-06-2022 to 14-06-2022



**Resource Person-Dr Suhail Ahmad**

**Patron  
Principal**

## **“Two Day Field Study Based Training Workshop on Tribal Community Studies”**

**Principal Investigator:** *Dr. Suheel Rasool Mir*

**Number of student investigators:** 50

**Department of Sociology, Srinagar Women's College Srinagar, Batpora, Zakura.**

**Date:** 13-06-2022 to 14-06-2022

### **Objectives of the field Study:**

1. To understand the notions of health and ill health among the Bakarwals migrated from Rajouri to Batpora, zakura in Srinagar.
2. To understand the issues and challenges faced by the Bakarwals.
3. To understand the social structure and their life experiences

### **Methodology:**

The study used participatory research techniques to collect information from the research participants that include a broad range of qualitative, participatory activities. Verbal activities includes focus groups, interviews, story-telling etc

**Day 1st:** On 13-06-2022, Dr Suheel, Department of sociology provided orientation about the field work and its benefits to the 50 students of the Srinagar Women's College Srinagar, Batpora. The aims and objectives were discussed thoroughly and training program regarding community research was also held.

**Day 2nd:** On 14-06-2022, the 50 students along with the Dr. Suheel and faculty members conducted the field work around the college. Keeping in mind the research objectives, data was collected through participatory research techniques that include a broad range of qualitative and participatory activities. The field team analyzed the outcomes of the field work, on the basis of which preliminary results were drawn.

### **Summary Sheet**

#### **Results/Findings**

The results which were inferred consequent upon the field work are detailed as under:

#### **1. Notions of Health and Ill-health:**

  
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- The notion of health and ill-health is guided and conditioned by their culture.
- For bakarwals, health means when a person performs his or her role without any handcuff or for them physical and psychological strength (Tanderusti) is health.
- Coming to illness, research participants define illness as non-performance of role. In other words when a person is not able to work properly.

## 2. **Different diseases prevalent among bakarwals:**

- The finding show that majority of bakarwals who are residing in the back yards of college are facing the health problems like, anemia, diarrhea, TB, malaria, jaundice, diabetes, hypertension, cardiovascular diseases, and the associated complications from these conditions.

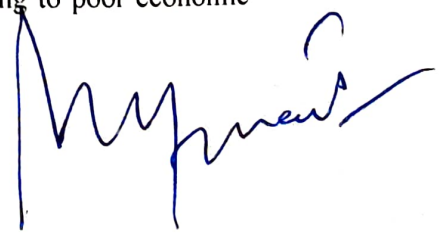
## 3. **Sanitation and Nutrition:**

- Poor sanitation and nutrition, insufficient health education, and inadequate medical facilities are the main causes for this situation. Besides this various household of tribals inhabiting in Rajouri are using wood, cow dung cakes and crop residuals as a source of fuel. There are certain dreadful socio-economic effects which becomes the cause of different kinds of diseases like asthma, cholera, nose bleeding etc. Use of wood, cow dung cakes and crop residuals generates smoke, which in turn makes the utensils very smoky and it takes a lot of time to clean these utensils. Most sufferers of this smoke and dust are children and old age people.
- Maternal malnutrition, anemia and pregnancy related health vulnerabilities are the major health prevalent among tribal women in Kashmir.

## 4. **Challenges faced by Bakarwal population in accessing health care:**

- Bakarwals who have migrated from Rajouri and temporarily settled in Batpora, Zakura experience the challenges in terms of both health situations and accessibility.
- Bakarwals still believe in faith healing practices for treatment. People from these region mostly believe in traditional faith healers instead of medical experts like doctors.
- During the field visit it was found that most of the Bakarwals are not accessing and availing the modern health care system. They are dependent on local medicine made from herbs locally known as "Jadi-Buti". They mostly use herbal product, local medicine and indigenous medical practices for medical treatment.
- In terms of severity, it was found that when people perceive a disease is severe they seek treatment immediately. Generally the Bakarwals who belong to poor economic

  
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strata give preference to traditional medicine. If the traditional medical system fails to cure the disease they seek for modern health care.

**Note:** More field visits needs to be done in order to fully understand the life situation among the tribes in Jammu and Kashmir which will enrich our data and lead us to the insightful and meaningful conclusion.



Submitted by  
Dr. Suhail Ahmad (Deptt. of Sociology)

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Dated: 06/06/2022.

No./GWCS/22/ 469

## NOTICE

Internal Quality Assurance Cell (IQAC) in collaboration with the Department of Sociology is conducting a **"Two Day Field Study based Training Workshop on Tribal Community Studies"**. The workshop will be held from 13-06-2022 to 14-06-2022. The interested students are informed to enroll themselves with Dr.Suhail Ahmad, Deptt.of Sociology as early as possible. The number of candidates for workshop is limited as such the selection shall be made on first cum first serve basis.

  
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