#### TREKKING EXPEDITION





Braving all odds, students on a trekking expedition to the Mahadev Hills. The trekking group was escorted and guided by a team of professional trekkers. The event was organised by the Department of Physical Education of the college on 02-05-2019 with the aim to make students learn various leadership and team work skills, patience and perseverance, etc. A group of around fifty students was accompanied by some of the faculty members of the institution.

# Participation In Inter College Cycle Race

Girls pushing pedals to go ahead and prove themselves champions. Students taking part in the Inter college cycle race events held on 13th of May, 2018 and 18<sup>th</sup> of june 2019 both organised by Kashmir University, Directorate of Physical Education & Sports. Ms. Sheeba (second



semester) secured 9<sup>th</sup> position among the first ten position holders in 2018.Ten students from our college participated in the 2019 event.



World Water Day 2018

Focussing attention on the importance of water, students out there to highlight the water challanges we face. The college celebrated the world water day on 26<sup>th</sup> of March, 2018 with students accompanied by faculty taking out a mass rally aimed at raising awareness among the people about the significance of water and the solutions available. The faculty and the principal addressed the students and highlighted the importance of judicious use of water and the role of youth in saving it for future generations.



"Cleaning spaces around", the college believes in taking responsibility of maintaining a clean and hygienic campus and surrounding area. A cleanliness drive was organised with the aim to inculcate amongst our budding students a sense of responsibility towards their society viz. Cleanliness, purity, etc. students and the faculty went around a local park at Chinar Bagh, Dalgate and carried out a cleanliness activity in which the children of local houseboat dwellers also participated.



The college on its way to fast track development of infrastructure. The Director Colleges, Dept of Higher Education, J&K, visited the campus on 28-12-2019 to take stock of various developmental works in infrastructure and academics. The college administration discussed various issues and highlighted the deficiencies in staff (teaching and non-teaching) and urged for filling the vacant posts and sanctioning new posts for the smooth functioning of the institution.





Apart from the daily classroom activities, our students prove themselves very artistic and talented. College celebrating annual day with lot of colourful activities. The event took place on—\_\_\_\_\_\_2017 at Tagore Hall, Srinagar. Music, Singing, Qawali, Acting, Folk art (Ladishah), Rouff, etc. were main attractions of the show. Commissioner Secretary, Dept of Higher Education, Nodal Principal, Kashmir division colleges, Principals from other colleges graced the occasion with their presence. Our students presented various artistic and cultural items which made this programme an unforgettable event.

A plantation drive was organised by the college wherein our students planted trees in the campus. A good number of students from a nearby school also took part in the drive. The aim of this drive was not only to go green but also to tell students the manifold benefits of having trees around.







"Know how to garnish food so that it is more appealing to the eye and even more favourable than before". The NSS Unit of the college organised a two day workshop on food garnishing on 11<sup>th</sup> September, 2018 wherein students were trained to make the food items and eatables more presentable and appealing. Food artist, Mrs. Seema shared her expertise with the students and encouraged them to take a keen interest in courses like, food technology, food management, etc, which have a rather good marketability. The workshop had both the theoretical and practical sessions.



"Cleanliness is next to godliness". A Seminar on Developing Life Skills for Clean India was organised on August 1st, 2018 under the cleanliness drive programme "Observance of Swachhta Pakhwada and Life Skills" programme from August 1st to 15th, 2018 at Srinagar Women College, Gogji Bagh, Srinagar. Dr. Sameena Basu (AP CTE Srinagar, MANUU) delivered a lecture on Cleanliness and Hygiene Practices among female students.





"There will come a day when I can no longer run. Today is not that day." Students attempting to take a lead in the annual Road Races. Inter-college Road Races were held on 16<sup>th</sup> of May, 2018 and 18th June, 2019 organised by Directorate of Physical Education & Sports, University of Kashmir. In 2018, Five students namely Irtiza of 2<sup>nd</sup> Sem, Aaliya Bashir of 3<sup>rd</sup> Sem, Snober Rashid of 2<sup>nd</sup> Sem participated in the event and ten students from our college participated in the 2019 event.



Taking a break from the routine classwork, students enjoying a picnic day out at Sonamarg which is famous for its fresh air, open meadows, snow capped mountains, etc. the college organises a picnics every year to give students and the faculty an opportunity to move out to different health resorts so that they may enjoy themselves. The picnic was arranged by the College's Tour and Tavel Committee on 24-06-2019 and the spot was Sonamarg.







The Department of Physical Education and Sports has been very selective about choosing teams for cricket, volleyball, table tennis, etc who participate in various sports events at various levels. In 2018 and 2019, our students participated in many tournaments of cricket, volleyball, table tennis, carrom, bad minton, kho kho, sking, etc.

#### Activities conducted during the year 2018

## NSS Orientation Programme

In order to orient the students about NSS programme, an orientation programme was organized by NSS Unit of Srinagar Women College on 20th March, 2018 wherein students got benefitted about why and how to provide their services voluntarily for the welfare of community in general and for their personality development in particular.

## World Water Day

On 26th March, 2018 NSS Unit of Srinagar Women College organized World Water Day. A rally was taken out from college campus, Gogji Bagh, Ikhrajpora to aware locals about how to use nature to overcome the water challenges.

#### Solid Waste Management Drive

This long day programme was carried out on 2nd July, 2018 at Solina locality to promote awareness about proper disposal of waste. An interactive session also took place between SMC workers and NSS volunteers.

## 4. Fund Raising Drive

On 18th of July, 2018, eight NSS volunteers participated in fund collection drive for the welfare of the blinds. They collected fund against 128 flags sent by National Federation of the Blind, Ambala, Jammu.

# o 5. Seminar on Developing Life Skills for Clean India

A lecture on developing life skills for clean India was delivered by Dr. Sameena Basu, (AP CTE Srinagar, MANUU) on August 1st, 2018 in the Seminar on "Observance of Swachhta Pakhwada and Life Skills" organized under the cleanliness drive programme from August 1st to 15th, 2018 at Srinagar Women College, Gogji Bagh, Srinagar.

# Seminar on Cleanliness and Hygiene Practices among Female Students

A lecture on Cleanliness and Hygiene Practices among female students was delivered by Dr. Sameena Basu, (AP CTE Srinagar, MANUU) on August 11th, 2018 in the Seminar on "Observance of Swachhta Pakhwada and Life Skills" organized under the cleanliness drive programme from August 1st to 15th, 2018 at Srinagar Women College, Gogji Bagh, Srinagar.

### Workshop on Food Garnishing

On 11th September, 2018, two days workshop on Food Garnishing was organized by NSS unit of Srinagar Women College, wherein food artist Mrs. Seema demonstrated different techniques for decorating different food items in order to make these eatables appealing and presentable.

## Literary cum Sanitation Drive

NSS volunteers of Srinagar Women College, sensitized children of Houseboat Owners at Chinar Bagh, Dalgate about the importance of education. They were also made aware about personal hygiene, sanitary landfills, different types of waste bins and their proper use.

# o Lecture on Gandhi Jayanti

On occasion of Gandhi Jayanti, a lecture on "Gandhi then and our time", was delivered by Prof. Amit Kumar (AP, History) on 1st October, 2018.

#### Visit to Kashmir Haat

On 26th September, 2018, students were taken to exhibition at Kashmir Haat wherein students got firsthand experience about various handicrafts and organic products of different states of our country.

# Activities conducted during the year 2019

# **o NSS Orientation Programme**

In order to orient the students about NSS programme, an

orientation programme was organized by NSS Unit of Srinagar Women College on 13th June, 2019 wherein students got benefitted about why and how to provide their services voluntarily for the welfare of community in general and for their personality development in particular.

### o International Day against Drug Abuse and Illicit Trafficking

NSS unit SKIMS, Medical College, Bemina organized International Day against Drug Abuse and Illicit trafficking on 26th June, 2019 with a theme: Health for Justice, Justice for Health in coloration with NSS unit University of Kashmir. NSS programme officer Srinagar Women College, along with one faculty member and four NSS volunteers attended the programme.

# **o World Population Day**

NSS unit of Srinagar Women College attended a one day programme on World Population Day organized by NSS unit – University of Kashmir on 11th July, 2019. As a part of celebration, a debate was organized on the theme, "attitude towards female child is the reason for declining sex ratio in J&K". NSS volunteer, Asra Khursheed (BG 1st Semester) represented Srinagar Women College as a debator.

#### Cooking Demonstration with Nestle Products

NSS unit of Srinagar Women College organized a programme on, "Cooking demonstration with Nestle products" on 24th July, 2019. Besides cooking demonstration, culinary consultant, Ms Rumaisa apprised students and audience about importance of having balanced diet and gave quick ideas for a healthy living. Exciting games on health and nutrition were organized and a sales counter of Nestle products were installed with attractive discounts.

# **SPORTS DAIRY**

✓ Inter college cycle race was held on 13th of May, 2018 organised by Kashmir University Directorate of Physical Education & Sports.

Three students from our college namely Sheeba and Andleeb of 2nd Semester, and Khytul Abyaz of 5th Sem participated in this event. Ms. Sheeba secured 9th position among the first ten position holders.

- ✓ Inter-college Road Race was held on 16th of May, 2018 organised by Directorate of Physical Education & Sports, University of Kashmir. Five students namely Irtiza of 2nd Sem, Aaliya Bashir of 3rd Sem, Snober Rashid of 2nd Sem participated in this event.
- ✓ J&K Police state level Kashmir half marathon was on 02-09-2018 organised by J&K police. Our college student namely Yaksoona of 5th Sem secured 3rd position. She received a cash prize of Rs. 12000/- and a trophy by Dr. S. P. Vaid (IPS).
- ✓ Inter class Tug-of-War was held on 15-05-2018 organised by department of Physical Education of the college. Fifty students participated in this event. Madam Principal, Dr Maheen Mustafa distributed trophies among winners and runners.
- ✓ Inter-class Carom Championship was held on 20-05-2018 by the department of Physical Education. Twenty students participated in the event.
- ✓ Table Tennis coaching camp was held from 23 May to 2nd June organised by the department of Physical Education. The name of the students who participated in this coaching camp are: Hafsa, Romana, Reha, Sheeba of 2nd Sem and Andleeb of 3rd Sem.
- ✓ Inter-class Badminton matches were played from 9-08-2018 to 11-08-2018 in which thirty five students of all sections participated. Rabia Muzaffar, Romana, Insha and Ulfat emerged as winners and runners. They were selected for district and state level Badminton championships.
- ✓ Inter Class Kabadi match was held on 08-10-2018, organised by

the Department of Physical Education.

- ✓ Inter college Kho-Kho Tournament organised by Kashmir University department of Physical Education was held from 9-10-2018. Our college Kho-Kho team participated in this event and emerged in quarterfinal where they lost the match by one point with Govt. Degree College Magam.
- ✓ Sabiya Nabi of 3rd Sem represented our college and our country India in 27th FIS Asian Alpine Ski Championship held at Darbandsar-IR Iran in February 2018. She has bring laurels for the college by pariticipated in the international event.

## **Year-2019**

- ✓ The department of physical education organised Trekking camp to Mahadev hills on 2nd May, 2019. At least 50 students and sports centre staff members participated in this event.
- ✓ Inter College road race was held on 18th June, 2019 organised by Department of Physical Education, University of Kashmir. Ten students from our college participated in this event (photographs).
- ✓ Inter college Cycle race was held on 20th June, 2019 organised by the Department of Physical Education, University of Kashmir. Iffat of our college secured 9th position in this event.
- ✓ Inter college volleyball tournament was held from 17th of July, 2019 organised by University of Kashmir. Our college team emerged in quarterfinals were they were defeated by Govt. Degree College, Anantnag in third game by 2 points.
- ✓ District Srinagar Badminton Championship was held from 22nd July to 26th of July, 2019 in which five students from our college participated. Iffat of our college remained runner-up in this championship in womens' category.
- ✓ Inter class Badminton matches were played on..... and ten students were selected for inter college and district Badminton championship.
- ✓ Inter-Class Table Tennis matches were played between the students and selection for inter college tournaments was made.
- ✓ Inter college Table Tennis tournament was held on 9th July, 2019 to 15-7-2019 in Kashmir University. Our college team participated in this event.

# **Faculty Achievements:**

- ❖ Prof. Suhail Showkeen attended an Orientation course from 18-02-2018 to 08-03-2019 at Al-Mustafa International University, Qom, Iran.
- ❖ Prof. Mudasir Basu attended a five days workshop on "National Service Scheme (NSS) and Disaster Management" conducted by J&K Institute of Management Public Administration and Rural

- Development, M.A Road, Srinagar 18th June, 2018 to 22nd June 2018.
- ❖ Prof Niyaz ali participated in 80th Genaral Orientation Course from 28 september 2018 to 01 nov. 2018 organised by UGC, HRDC, UNIVERSITY OF Kashmir
- ❖ Prof. Mudasir Basu Participated in the 35th Orientation Programme from 4th Jan, 2018 to 31st Jan, 2018 organised by UGC, Human Resource Dev Centre − Maulana Azad National Urdu University, Hyderabad.
- ❖ Prof. Mudasir Basu Attended two day workshop on "Engendering Higher Education" organised by Central University of Kashmir, Nowgam Srinagar on 2nd & 3rd August, 2018.
- ❖ Prof Suhail Showkeen got his Ph.D Degree awarded in Islamic Studies on 15-01-2019 in the school of Social Sciences.
- ❖ Prof. Mudasir Basu delivered two lectures on "Digital Learners & ICT skilled Teacher" and "Understanding and Analysing Self for Effective Education" at Al-Barkaat Institute of Education, Aligarh on 31st Jan, 2019 and 1<sup>st</sup> Feb. 2019 respectively.
- ❖ Prof. Riyaz Ah Peer and Prof. Mohammad Rafiq Guroo attended a two day workshop on ICT----- at NIELIT, Rangreth Srinagar.
- ❖ Prof. Amit Kumar got his Book Review published in "Talking History, Society and Culture in South Asia". 5(1) 155-168, 2019
  : 2019 Amit Kumar, Romila Thapar, Ramin Gahanbigh and Neeladri Bhattacharya : Talking History, Society and Culture in South Asia. 5(1) 155-168, 2019
- ❖ Prof. Mudasir Basu Attended a three days course on role of National Service Scheme in "Disaster Management" organised by J&K Institute of Management Public Administration and Rural Development, M A Road from 22-04-2019 to 24.042019.
- ❖ Prof. Niyaz Ali participated as Jury member in the regional level Inter College Bait Bazi Competition organised by Dept. Of Urdu, Govt. Degree College for Women, Baramulla on 24 July 2019.
- ❖ Prof. Amit Kumar published a research paper entitled 'Agrarian Changes in Kashmir 1847-1971 (forth coming, 2020), Special Issue of Himalaya Journal: War and Suffering in Kashmir.
- ❖ Prof. Suhail Showkeen participated and presented a paper entitled "Prof. Khurshid Ahmad of Pakistan and his educational model: A

critical analysis", in a two day International conference on "Rethinking Education of Religions in the Modern World: Prospects and Challenges", organized by Department of Religious Studies, Central University of Kashmir in collaboration with Institute of Objective Studies (IoS), New Delhi on 30 to 31 July, 2019.

- ❖ Prof. Mudasir Basu attended a one week interdisciplinary workshop on Moocs, E-content Development and Open Educational Resources on 18th June 2019 to 24th June 2019, organised by UGC − Human Resource Development Centre, University of Kashmir, Hazratbal Srinagar.
- ❖ Prof. Amit Kumar submitted his P.hd Thesis at Delhi University in Oct 2019.